DEFIBRILLATORS FOR CARHAM PARISH



NO. 4 | AUGUST 2024 | PROJECT UPDATE

This project update comes hard on the heels of the last one, as there are two defib deadlines coming up. The first is our Big Summer Raffle, which closes on Friday 30 August. Tickets are on sale in Cornhill Village Shop or can be bought from a Carham Parish Defibs committee member, or you can request them by email. The draw is on **Saturday 31 August** at 11.00 am in Cornhill Village Hall. There's more about the raffle and the draw event overleaf.

The second deadline, **Friday 6 September**, is for those communities that would like to apply to us for a public access defibrillator. In case you missed it last time there's a form enclosed with this newsletter.

If you've got any questions about applying for a defib for your community, come along to Cornhill Village Hall on 31 August. We'll be ready to answer any questions and you can enjoy a nice cup of tea and a scone while you're there!

- Carham
- Downham
- East Learmouth
- East Moneylaws
- Hagg
- Howburn
- Mindrum
- Mindrum Mill
- Mindrum Station
- Pressen
- Pressen Hill
- Shidlaw
- Sunilaws
- Tithe Hill
- Wark
- Wark Common
- West Learmouth
- West Moneylaws

COMING UP NEXT:

RAFFLE DRAW

WITH TEA & SCONES!

Come along to enjoy tea (or coffee) and scones and catch up with friends and neighbours. The raffle will be drawn at 11.00.

After the draw we'll be giving a short defib demonstration and answering any questions you've got about how to apply for one.

Saturday 31 August, 10.30 to 12.00 Cornhill Village Hall

IN THIS UPDATE

The Big Summer Raffle Raffle prizes Saturday 31 August Scones for defibs Funding success Committee members About this project About AEDs

CONTACT US

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THE BIG SUMMER RAFFLE

The Big Summer Raffle is our last major fundraiser before we place an order for the parish's first public access defibrillators. If everyone supports the raffle by buying a few tickets, it could raise as much as £1,000, which would help us to add one more unit to our order. Tickets are £1 each and we've got some excellent prizes which have been generously donated by local businesses and parish residents.

You can buy tickets at Cornhill Village Shop or from a committee member, or email <u>carhamparishdefibs@gmail.com</u>. We can deliver, if you live locally. The draw is on Saturday 31 August.

SATURDAY 31 AUGUST

This is your invitation to come along to Cornhill Village Hall from 10.30 to 12.00 on Saturday 31 August. As well as the prize draw, we'll be there to show you how a defib works and answer any questions you have about applying for one. We'll be serving tea or coffee and scones, by donation.

We hope that this will be a nice informal social occasion, and everyone is welcome – whether you live in Carham parish or further afield. Please come along if you can.

FUNDING SUCCESS

We thought you'd like to know that two of our funding applications have been successful. Carham Parish Defibs has been awarded £1,000 by The Joicey Trust, and £1,750 by Northumberland County Council's Community Chest. We're very grateful to both for such generous awards. Our third funding application won't be decided until October. We'll let you know how we get on with that one, too.

ABOUT THIS PROJECT

If you're with someone whose heart stops and you call 999, the emergency services will tell you where the nearest public access defibrillator is located, and will give you the code to access it. But they won't give you this information if the defibrillator's too far away from where you are. How far is too far? The chances of survival for someone in cardiac arrest drop by 10% with each minute that passes, so even if the nearest defibrillator's five minutes away, it's too far to be of any help.

Two-thirds of Carham parish's residents live in farm settlements, most of which are a mile or more from each other. We want to get public access defibrillators installed in all of the parish's communities (see overleaf), so that everyone has a life-saving AED (automatic external defibrillator) within reach.

RAFFLE PRIZES

Our raffle prizes include
• a £50 voucher for Ad
Gefrin • a family ticket for
Heatherslaw Light Railway
• a Makar Gin gift set • £30
vouchers for the Good
Life Shop in Wooler and
GJ Sanderson (Butchers)
in Coldstream • Glen
Moray Single Malt Scotch
Whisky • a car dashcam

SCONES FOR DEFIBS

If you're a dab hand at making scones, would you make some for our event on 31 August? Any scones that aren't eaten will be sold, with the money going to the defib fund.

COMMITTEE MEMBERS

Kevin Alsey, Wark • Agnes Changleng, Howburn • Victoria Poland, Mindrum Station • Jude Smith, Wark • Willa Straker-Smith, Wark Common

ABOUT AEDs

Public access defibrillators (AEDs) save lives. The British Heart Foundation says the survival rate for out-of-hospital cardiac arrests is less than one in 10, but cardio-pulmonary resuscitation (CPR) can more than double the chances of survival in some cases, and electrical defibrillation (providing a shock to the heart to enable it to resume its rhythm), used with CPR, has a good success rate.