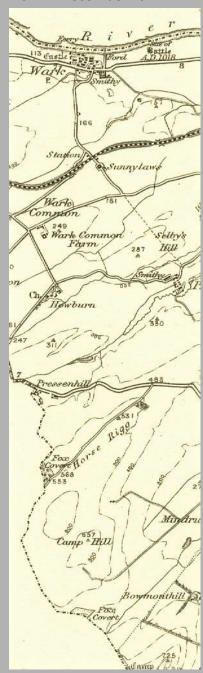
Carham Parish Council Newsletter

No 11 ~ December 2022



Since the last newsletter the national mood has swung from high to low as we celebrated the Platinum Jubilee of Her Majesty The Queen and then marked her death. Now, with winter setting in, many people across the country are feeling the effects of inflation, with high food prices and high energy costs, none of which are welcome and which may be difficult to cope with. If you or someone you know could do with some support, Northumberland County Council is offering free information and advice to help with a wide range of worries – see "Northumberland Communities Together" over the page. We wish everyone in Carham parish a happy and worry-free Christmas and we hope that 2023 will be a much better year for all of us.

Carham Parish Council

Christmas Church Services

St Cuthbert's church, **Carham**, will be holding two Christmas services this year. There will be a carol service on Sunday 18 December at 11 am, and a communion service (Book of Common Prayer) on Christmas Day at 9.30 am. For more information, contact one of the two church wardens — Peter Straker-Smith (01890 830 316) or Pat Feerick (01890 254 794).

Public Access Defibrillators

We are working on the proposal to get public access defibrillators into communities throughout the parish. A defibrillator gives a high energy electric shock to the heart of someone who is in cardiac arrest. Used in conjunction with CPR, this can save someone's life. The project would be funded by grants, for which we would apply, and local fundraising. We very much hope that it will go ahead, but we need the support of the parish! Please contact the Parish Clerk (contact details overleaf) to let us know what you think about the idea and whether you support it.

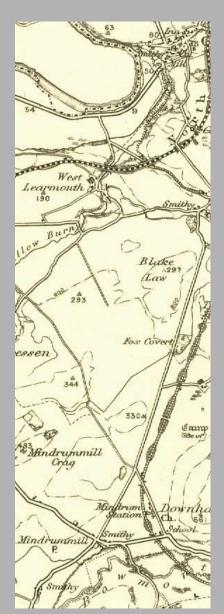
Roads and Traffic

- The Parish Council has bought a vehicle-activated sign for the approach to Carham from the west on the B6350. This is because of the concern expressed by Carham residents about the safety of crossing the road, particularly near the church. County Councillor Mark Mather has kindly offered to pay for the installation of the sign from his budget.
- As readers of this newsletter will know, for some time now Carham Parish Council has been asking Northumberland County Council for grit bins to be located on the very steep roads at Shidlaw, Sunilaws and Wark Bank. Northumberland County Council has now agreed to fill grit bins at these locations twice a year. The Parish Council will buy and own the three bins.

Walks in Carham Parish

Over the last year the Footpaths Group has organised four walks, including a farm walk that was kindly led by Jasmin Moore of **West Learmouth**. The aim of the walks organised by the group is to ensure that the rights of way in the parish remain usable and to report any problems. For information about the Footpaths Group and the walks it has done, go to www.carhamparish.org/walks. If you want to know more, or are interested in coming along on the next walk, contact the walks organiser via the email link on that page.

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Contact Us

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Carham Parish Council

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Car Park ...

If you use the car park in **Wark**, you may have noticed a new sign on the gate into the play park. This gate gives emergency and maintenance vehicles access to the play park, so it needs to be left clear and must not be obstructed by parked vehicles.

... and Play Park

Eagle-eyed residents in **Wark** will have seen a new sign in the play park. The play park is the responsibility of Carham Parish Council. Councillors and the Parish Clerk check it every month, clean the equipment and carry out minor repairs, all on a voluntary basis. There is a paid-for inspection each year, which is carried out by RoSPA – the Royal Society for the Prevention of Accidents – and which identifies any repairs or improvements that are needed. The "No kite-flying" sign was recommended by the play park inspector after this year's inspection because of the overhead line that runs above the play park fence.

Northumberland Communities Together

Northumberland Communities Together offers information and advice on a wide range of subjects, from household costs and bills through to mental health and wellbeing, and includes details of benefits, discounts and payments for those who are eligible. The information is available on the Northumberland County Council website www.northumberland.gov.uk/support, or you can call Northumberland Communities Together on o1670 620 015 from 9 am to 6 pm, seven days a week.

Help for Unpaid Carers

If you are an unpaid carer, Carers Northumberland's information and advice team is available from 9 am to 5 pm, Monday to Friday, to help you find your way around the social care system, tell you about your legal rights, and signpost you to organisations and services that can support you in your caring role. Carers Northumberland also administers a fund which provides small grants to enable unpaid carers to take short breaks from their caring responsibilities. If you know an unpaid carer who might find this information useful, please pass it on. The number to call is o1670 320 025.

Carham Parish Council is an elected body in the first tier of local government. It is responsible for representing the interests of the whole community. Among other things, it is concerned with community safety, street lighting, common land, play areas, litter, tourism, traffic calming, seats and shelters, rights of way, and some aspects of planning and highways.

The Parish Council meets six times a year. Meetings are in alternate months beginning in May, on the second Tuesday of the month, in St Cuthbert's Church, Carham at 6.3opm. Anyone living or working in the parish can attend a meeting.

For the minutes of Carham Parish Council meetings, go to www.carhamparish.org